

## Taste Testing Guidelines

- The taste test should involve a blind sampling of a whole grain-rich product and a comparable enriched product (for example, whole grain-rich rotini versus enriched rotini).
  - *Note: a blind sampling means that students do not know anything about the products they are tasting. They are simply asked to try the sample and provide feedback on how they like it.*
- Separate taste testing documentation is required for **each site** and **each product** for which an exemption is requested.
- A minimum of 25 responses are required and should be representative of the student population at that site.
- Two survey options are provided which allow students to indicate if they liked or would eat each sample again if served as part of the school meal programs.
  - Survey Option #1 is intended for older students with reading proficiency.
  - Survey Option #2 is intended for younger students with limited reading proficiency.
- The submitted documentation must include the specific products sampled, the school site where the taste testing occurred, the date of sampling, the results and any comments or feedback received from students. *Additionally, **labels and/or recipes should be submitted** for both the whole grain-rich and enriched products.*
- This documentation should be submitted as part of the whole grain-rich exemption request survey found at on the Meal Pattern Components page under the Grains heading: <https://dpi.wi.gov/school-nutrition/national-school-lunch-program/menu-planning/meal-pattern>.

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If using Survey Option #1:

### RESULTS OF TASTE TEST

Name of school: \_\_\_\_\_

Date of taste test: \_\_\_\_\_

Products sampled

Sample A: \_\_\_\_\_

Sample B: \_\_\_\_\_

Total number of student responses: \_\_\_\_\_

Number of students who indicated that they **WOULD** eat Sample A again: \_\_\_\_\_

Number of students who indicated that they would **NOT** eat Sample A again: \_\_\_\_\_

Number of students who indicated that they **WOULD** eat Sample B again: \_\_\_\_\_

Number of students who indicated that they would **NOT** eat Sample B again: \_\_\_\_\_

Any comments or feedback received from students:

If using Survey Option #2:

## RESULTS OF TASTE TEST

Name of school: \_\_\_\_\_

Date of taste test: \_\_\_\_\_

Products sampled:

Sample A: \_\_\_\_\_

Sample B: \_\_\_\_\_

Total number of student responses: \_\_\_\_\_

Number of students who circled the HAPPY face for Sample A (indicating they liked it): \_\_\_\_\_

Number of students who circled the SAD face for Sample A (indicating they did not like it): \_\_\_\_\_

Number of students who circled the HAPPY face for Sample B (indicating they liked it): \_\_\_\_\_

Number of students who circled the SAD face for Sample A (indicating they did not like it): \_\_\_\_\_

Any comments or feedback received from students:

Survey Option #1

If **SAMPLE A** was served as part of the school meal programs in the future, I would eat it:

Yes

No

If **SAMPLE B** was served as part of the school meal programs in the future, I would eat it:

Yes

No

Comments/Notes:

If **SAMPLE A** was served as part of the school meal programs in the future, I would eat it:

Yes

No

If **SAMPLE B** was served as part of the school meal programs in the future, I would eat it:

Yes

No

Comments/Notes:

If **SAMPLE A** was served as part of the school meal programs in the future, I would eat it:

Yes

No

If **SAMPLE B** was served as part of the school meal programs in the future, I would eat it:

Yes

No

Comments/Notes:

If **SAMPLE A** was served as part of the school meal programs in the future, I would eat it:

Yes

No

If **SAMPLE B** was served as part of the school meal programs in the future, I would eat it:

Yes

No

Comments/Notes:

Circle the face that shows how you feel about each sample:

SAMPLE A:



SAMPLE B:



Circle the face that shows how you feel about each sample:

SAMPLE A:



SAMPLE B:



Circle the face that shows how you feel about each sample:

SAMPLE A:



SAMPLE B:



Circle the face that shows how you feel about each sample:

SAMPLE A:



SAMPLE B:

